

The membership in Friskis&Svettis Stockholm means that member's personal data are recorded and stored (under the law on personal data, the PUL) for administration of membership. The information will not be disclosed to third parties. Friskis&Svettis Stockholm's privacy officer is the CEO.

Statistics on the members' participation in various activities can be used to plan and monitor the activities of the association.

I have read the Terms and conditions, see overleaf, and I give my consent that:

Member:

First name:										Surname:											
Personal identity number:																					
Year		Month		Day																	

can register as a member and buy a training card at Friskis&Svettis Stockholm.

This consent is valid until:

Date:

If no enddate is assigned the consent is valid for one year counted from the date it was signed.

Parent:

First name:										Surname:																			
Telephone:																													
E-mail address:																													
Personal identity number:																													
Year		Month		Day																									

Signature (parent):										Date:									
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MEMBERSHIP TERMS AND CONDITIONS

Membership

F&S Stockholm is an association. Therefore, in order to workout with us, you will need to be a member. Membership is 100 SEK and applies per calendar year. Membership for the current year is, just as the training card, personal and cannot be refunded.

Lending of membership or training card is not permitted and can lead to suspension.

When paying by direct debit, special conditions apply.

Training card

Training is valid on all facilities in F&S Stockholm and all outdoor workouts.

Transfer training card

You can transfer your training card for an administrative fee to another member. This does not apply to cards that are purchased through an employer, Tvåföreningskort or training cards paid via direct debit.

Right of withdrawal

If you regret your purchase of the training card within 14 days you will receive your money back, minus 149 SEK per training session. The membership fee for the current year will not be refunded.

Lost cards

A lost training card is replaced for a fee of 100 SEK.

Freezing card

Listed below are the circumstances under which you may extend your training card with a minimum of three and a maximum of 12 months.

- **Work and studies elsewhere**
You can extend your training card if you are scheduled to work and/or study on another location during a minimum of three months. Certification from your employer and/or school is required.
- **Injury / Illness**
If you are unable to train during illness and/or injury and wish to extend your card, a valid certificate from your doctor, midwife or physiotherapist is required. The certificate must be serious with a letterhead or stamp, and the signature and printed name of certifier. The certificate must clearly state that you cannot/have not been able to train, as well as provide us with the date from which you were unable to train and the date for when you can be expected to be recovered. Your card will be extended with the corresponding amount of time. The certificate must also include your name and personal identity number.
- **Pregnancy**
If complications and/or discomfort associated with pregnancy cause you inability to train the same rules as those for injury/illness apply. After childbirth, submit a record from the Swedish Tax Agency with your child's personal identity number and we will extend your card with eight weeks, counted from the date you are able to resume your training. F&S Stockholm follows prenatal care centers' recommendation: that you wait eight weeks after giving birth before training.
- **If paying by F&S Direct Debit**
Instead of extending the validity period we will adjust parts of the payment. Same rules as for injury/illness and pregnancy apply.

Workout

Always bring your training card to the facility. To attend our classes you need a ticket from one of the computers in the reception area. To work out in the gym, you swipe your card in the card reader at the reception.

Class schedules

Schedule changes occur. The online schedule is always updated. During holidays and the summer the schedule and opening hours are reduced. Facilities may be closed periodically for maintenance and renovation. Failure to exercise due to this is not compensated.

Insurance

When you are on the F&S Stockholm premises you are protected by insurance through Svedea.

Personal information

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Photography

You are welcome to photograph yourself and your workout at the facility. However, you are not permitted to photograph other members without their permission. In the locker room all kinds of photography is prohibited. Contact the reception if you have questions about this.

Suspension

F&S Stockholm promotes a welcoming, tolerant and enjoyable training environment. Inappropriate behavior such as aggressive behavior, threats against members, instructors, hosts and/or staff, thefts and doping has no place in our facilities and can lead to suspension. F&S Stockholm has zero tolerance for alcohol and drugs.

Doping Controls

Doping controls take place. We are subject to the Swedish Sports Association's rules and doping policy.